The One Truth Of Reality Essay, Research Paper

The One Truth of Reality

The one single truth of reality is not measured or distinguished — it is the

ultimate paradox. The journey by which one achieves this truth can be a journey

of increasing realizations of paradoxes, and finally, freedom from the bubble of

limitation of a mind that would perceive such paradoxes as paradoxes in the

first place.

Truth is the same as spiritual feeling. Of spiritual perception. Of clear

perception. Of freedom of the mind. Freedom of the soul. Freedom of the Heart.

It is ultimate love and empathy. The end of struggle. Fully knowing the truth is

to be enlightened. Fully realizing the truth is having transcended the

distortions of the Machine (see The Machine at my web site given below). Truth

means complete fulfillment and true happiness. Truth is impossible to change or

destroy — doing so contradicts the very nature of a single truth from which all

things seen through distorted perception stem. Finding truth (and thus

everything that it is) is the ultimate subconscious goal of all struggling. The

search for truth, the want of truth, paradoxically, most often leads to illusion

and darkness and pain. This is the case for the general spiritual state of

humanity in the late Twentieth Century.

In this way, truth, freedom, love, clear perception, purity, transcendence, and

enlightenment are all the very same thing. During the journey, one will no doubt

see many facets of truth and see them as separate, distinguished, or part of a

duality; but in time, one will see how they all link up and ultimately, how

everything is a part of the same thing, and how perceiving everything in terms

of truth is transcendence of distinguishment and knowing the truth; and in this

way, being enlightened, free, and fulfilled — attaining the ultimate happiness.

Transcendent of the Measurable

What is perceived tangibly through the primary five senses (sight, hearing,

touch, taste, and smell) contradicts the nature of truth which is actually

transcendent of all distinguishments in the “more tangible” environment. When a

person focuses on what he (or she) sees and reacts to it and especially seeks to

control his environment, he lives in a dualistic (or polyistic) state wherein

lives his struggle to find non-struggle and peace and fulfillment. The illusion

is what is sensed through these five senses and having perceived this as

something different from something else. Thus, simply, the illusion is

distinguishment — such things as evil and good, cold and hot, white and black.

When these things are reacted to and conformed to by behavior in some way, it

indicates a mind in a limited bubble, bound by the illusion of duality — and in

this way, not privy to ultimate truth; and in this way, not free, subconsciously

lonely, and in the dark — all, obviously, to varying degrees with each person,

depending on how much, for whatever reason, he focuses on his duality and reacts

to it.

In what I refer to as the “Mindscape”, where what is inherently consciousness is

free of the struggles of the illusion of a distinct self and self-protection and

fulfillment, there is the plane that is transcendent of perception based in the

“tangible” or more “physical”. This place is like an infinite blue sky that is

as infinitely large as it is small. In perception of this is a place where

consciousness dwells, a place beyond time, beyond space; thus there is no time,

and no space. All reality is held in a expanse of nothingness wherein everything

within it touches everything else. Total knowledge is here — it is the

realization of one truth, it is what to more muddled perceptions might be

referred to as omnipotence, enlightenment; and when perceived is perceived means

to communicate telepathically, to know clairvoyantly and prophetically, and to

control and manipulate the various tangible (physical) and non-tangible

“distinguishments” that are the reality on the “! lower” planes. To a perceiver

focused on the distinguishments, and on the illusions of time and space, such

phenomena of the mind appear miraculous; but they are only the result of some

“total spiritual”, and mentally-free perception in an individual. (These things

can be manifested in limited ways by a person who does not embody totally clear

perception, but has some sense into it, intuitively, in some way or another,

through perception of his own feelings.)

Because every person is a “distinguishment” coming from the upper planes,

including the Mindscape, because all minds are inherently from it, a part of it,

and actually — it, then every person has the perception of this through feeling

and being, through the very subtle feeling in the life of one’s cells that the

mind can perceive and be one with and react to as a spider may sense to the

tugging on his web; and in this case, the strands of the web — strands that

have no length, and do not come and go in time — are the spiritual-essence and

interconnectedness that runs through all people and all things, thus providing

to the subtle perceiver information concerning all things and all happenings,

and a connection with all this, in the same substance.

Spiritual Influence

Because the mind or consciousness is inherently the essence of the Mindscape,

and because what it is in the lesser planes are the products of the upper planes,

the mind essentially ultimately has “control” and influence over the lower

planes. This “power” only comes through total self-awareness, the freedom of the

mind from the struggles of the body and the confusion of symbolic darkness in

the psyche, or what can been referred to as an “enlightened” state — a state of

pure spiritual fulfillment and freedom (a state of being in harmony with and as

perceived by the mind).

In this way, people have control of and react to in powerful, deeply-

subconscious (spiritual) ways the things in their environment. In this way,

everything around a person is actually an extension, and expression, or is

perceived as what it is by his mind. The complex structure and struggle

surrounding his non-enlightened state makes itself evident in the environment

and these things can be interpreted symbolically, or interpreted as expressions

of a force (the spiritual essence, the upper “planes”), and thus the force is

represented through him.

There is the feeling of pain and spiritual isolation (which is isolation from

truth, and thus a feeling of deep loneliness (which is actually the lack of

knowledge of self), and without truth — confusion) in interaction with an

environment that is an expression of people who struggle against their

inherently watery and unresisting spiritual nature and without insight, create a

world that is discouraging to spiritual freedom and encouraging of more tangible,

fleeting, and unstable fulfillment that is a result of confusion (darkness). In

spiritual freedom, which is truth, which is empathy, involvement in this

environment can be painful this way in the sensing of the tumultuous and

unenlightened state of others. It is painful because in the fact of what we each

truly are (the same as beauty), without this fact, without the beauty, honesty,

and freedom of this truth, there is the focus on the comparatively trivial, and

in fear and lack of insight, there is the discouragement! of truth that would

“destroy” illusions through which focus on the trivial and tangible exists.

A subtle person can view symbolically all the things around another person, and,

knowing it is an ultimate expression of the mind, can have insight into the

other. But this knowledge is just supplemental knowledge to the very direct and

subtle perception that is spiritual “information” regarding another person, and

which can come in the form of a sensing of one’s own deep feeling regarding the

environment. In this way, all truth about the external is not viewed through the

primary senses, but is felt through the holistic spiritual sense, and thus is

perceived clearly from the symbolic “inside” of a person. Thus, the journey for

enlightenment and awareness of all things is a journey into one’s own feelings,

and in this, a journey to clear one’s perceptions from the distortions and

subjectivism that may be applied in viewing something too “mentally” or on the

assumption that knowledge about something comes from the outside of one, and

thus the erroneous assumption that it ! come s from something separate from

oneself.

The Symbolism of Light

As is discussed in The Key to Self-Actualization (visit my web site given below),

perceiving one’s own feelings is the nature of spiritual insight, since any

person and anything can be called essentially spiritual — as its fundamental

nature is transcendent of the illusions of 4-dimensional reality, and thus

transcendent of “normal” or tangibly-perceived reality. The conscious mind may

identify and visualize such feelings in terms of symbols (whereas deeply

subconsciously (spiritually) things are even less distinctive and more unified).

Symbols have deep meaning because they are not static messages, but the

embodiment of meaning that may as yet be beyond the perception (understanding)

of the individual. Thus symbols hold some aspect of truth, whether it is

perceived or identified or not.

Since truth is the equivalent of freedom and fulfillment, and we all seek truth

on our deepest level, there can be the illusion of truth, or the illusion of

guidance to truth. It can be said that we all seek light, because we all seek

truth, so there can be roads to false fulfillment and false spiritual

enlightenment by following a light that does not lead to the ultimate light, or

the ultimate truth.

One of these symbols is the Moon — the indirect light of the sun which has the

illusion of being a source of light by itself, and which hangs in a cloak of

darkness (the nighttime sky). Seeking fulfillment through physical comfort,

physical satiation, mollification in the struggle of pain and pleasure, the

appeasement of the tangible (illusionary) senses, or a false end to confusion

(symbolically, a wall, or a barrier — which will serve to block out not only

the seemingly endless darkness of night, but the light that may penetrate it as

well), means following the feeling or the motivation that is symbolized by

moonlight. Developing a dependence (or a structure of perception and habit) on

moonlight, then, is transitory and ultimately painful since it is a kind of

false source of light — as it is only an indirect expression of the real source

of light.

There is another false light, but more subtly so, that comes in the from of

yellow light … this is the illusionary color of sunlight as often seen from an

observer on earth partially filtered through the atmosphere. Symbolically, this

is warm and comfortable, it is the source of thriving life, and it is symbolic

of the well-lit world, thus the world with a greater sense of truth than that of

the moonlight. But it, too, is a false light … for the feelings that are

appeased through sunlight are still dependent on perceiving the world in terms

of distinctions. It is loving life and being afraid of death. It is loving

warmth and being afraid of cold. It is loving sunny skies and being

uncomfortable under inevitable clouds and rain. And many other things.

To end the struggle for what a person seems to want, as opposed to what he seeks

in his deepest level (and thus is the true source for all his more conscious

seeking), a person must transcend moonlight and sunlight and find the real light

– the white light. This is a feeling of transcendence of the struggle against

the environment (a feeling of pure freedom, and pure truth) and other things

which seem separate, but are the same, as partially listed above. White light is,

tangibly, all visual light without filter or the repression of any part of the

light. It is pure light. All the different colors are then illusions of real

light, as they come from but do not embody the white light. Moonlight, sunlight,

the gray from clouds, the silver of rain — they all come from the white light,

but they are only part of the picture. This is also profoundly symbolic of the

true nature of enlightenment and total awareness that is free of the

distinctions between things and aware of their ultimate source in the

transcendent planes, including the Mindscape.

The Journey

The journey is the process of the growth of awareness and insight into ultimate

truth. Eventually, this means awareness beyond simple intellectual facts, but an

awareness of one’s truest self, and thus an awareness into the truest nature of

everything. Mentally, this can be perceived, just as feelings can be perceived.

To feel free of the struggle of pain and pleasure is to feel the currents of the

one’s entire being, and in this know oneself; and in this, know the truth; and

in this, be truly free; and given an end to the quest for self there is an end

to the deepest loneliness (which ultimately is confusion regarding oneself) and

the greatest sense of fulfillment.

The goal, then, should be to find and submit oneself completely to, like water,

the feelings that may be perceived (visualized or seen) by the mind as white

light. This is a journey through the maze of walls that are a result of the

struggling of the psyche in the midst of the darkness and confusion. The easiest

way to find the way out of a maze is to rise above (transcend) it and, seeing

the light of the universe beyond, find a path leading to the exit.